



NOVEMBER 2023

CLASS SCHEDULE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 5:30-6:30pm Youthify Face Club Workout	3	4
5 10-11am Youthify Face Club Workout	6	7	8	9 5:30-6:30pm Youthify Face Club Workout	10	11
12 12-1pm Youthify Face Club Workout	13	14 5:30-6:30pm Youthify Face Club Workout	15	16	17	18
19 10-11am Youthify Face Club Workout	20	21	22	23	24	25
26 10-11am Youthify Face Club Workout	27	28	29	30 5:30-6:30pm Youthify Face Club Workout		

NOTE: This calendar is subject to change. Revised calendars will be emailed.

Youthify Face Club Workout classes are complimentary for new Face Club members during the first 30 days of becoming a member. Upon course completion and/or after 30 days, members may join any workout class by signing up for the monthly subscription for unlimited classes (\$60 per month).

Sign up at: <https://tinyurl.com/mpc74skh>

