



MAY 2026

CLASS SCHEDULE



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|-----------|----------|--------|----------|
| | | | | | 1 | 2 |
| 3 10-10:45am Youthify Face Club Workout | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 10-10:45am Youthify Face Club Workout | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 10-10:45am Youthify Face Club Workout | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 10-10:45am Youthify Face Club Workout | | | | | | |

NOTE: This calendar is subject to change. Revised calendars will be posted online.

Youthify Face Club Workout classes are complimentary for new Face Club members during the first 30 days of becoming a member. Upon course completion and/or after 30 days, members may join any workout class by signing up for the monthly subscription for unlimited classes (\$40 per month).

